Eight Sequence Beat Sheet

Project Title:_____ Genre: _____

Act 1	Goal: Activity: Complication:
	Goal: Activity: Complication:
Act 2A	Goal: Activity: Complication:
	Goal: Activity: Complication:
Act 2B	Goal: Activity: Complication:
	Goal: Activity: Complication:
Act 3	Goal: Activity: Complication:
	Goal: Activity: Complication:

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A sequence should take approximately 12-15 pages. In each, it's helpful to figure out what the protagonist wants, what they do, and what gets in their way while following the recommended bullet points.

1	 STATUS QUO DISRUPTED Opening Image/Scene: Set the vibe, introduce themes, and think about what the first shot tells us. Meet the Protagonist: Show us their life before everything goes haywire. Theme Setup: Establish the main issue or theme of your story. Inciting Incident: The event (or incident) that kicks off the whole shebang.
2	 ESTABLISHING THE GOAL Protagonist's Reaction: How do they respond to the chaos? (Hint: There's usually some initial hesitance) Lock-In: Something occurs that commits the main character to their path or goal. Conflict Build-up: The tension grows and problems get more complex. Solutions Lead to: Efforts to fix things end up causing new and bigger issues. Set Up Main Tension: End with laying the groundwork for the big conflict in Act 2.
3	 RISING ACTION First Problem-Solving Attempt: The protagonist gets a shot at fixing what broke in Sequence 2. Major Obstacle: The main character faces their first significant hurdle. Escalating Stakes: The conflict and the character's involvement get amped up.
4	 MIDPOINT Midpoint Event: Something happens that shifts the main character's understanding of their situation or goal. Reaction to Midpoint: How does the protagonist respond to this game-changer? Victory or Defeat Moment: A seeming win or loss alters the story's trajectory. Point of No Return: The protagonist can't back out now!
5	 RISING ACTION CONTINUES Subplot Developments: Events related to existing or new subplots. More Tension Building: How does the story's intensity keep growing?
6	 CRISIS Greatest Obstacle: The protagonist faces their toughest challenge yet. Act 2 Climax: A low point for the main character, setting the stage for Act 3. Fallout from the Lowest Point: Immediate consequences or reactions.
7	 CLIMAX New Tensions: Fresh complications emerge, often with a twist to spice things up. Final Push: The protagonist actively makes decisions leading to a resolution, using all they've learned.
8	 RESOLUTION Climax: The big event marking the final confrontation or ultimate challenge. Conflict Resolution: The main conflict is settled. Loose Ends Tied Up: Wrap up any remaining story bits. See the Change: Witness how the main character's world transforms. Final Image/Scene: What's the closing shot? How has it evolved from the beginning?